

Get to the Heart of the Matter: The Impact of Tocotrienol Supplementation on Cardiovascular Health



Having high cholesterol, high blood pressure, high triglycerides and diabetes lead to increased risk of cardiovascular disease. Clinical and pre-clinical studies have shown that tocotrienol supplementation is able to reduce the risk factors involved in cardiovascular disease.

High Cholesterol



Supplementation with tocotrienol-rich fraction reduces total cholesterol and low-density lipoprotein (LDL) in humans (Qureshi et al., 2002).

High Triglycerides



High Blood Pressure



Diabetes

